

Create your own Medley by integrating these services to your Facial or Spa Treatments. Feel refreshed and restored!

Let our brow expert show you the way to a Perfect Arch:

- ✓ Eyebrow Design \$70
- ✓ Eyebrow Corrections \$45
- ✓ Follow up Tweeze/Wax \$25
- ✓ Brow/Lash Tint \$25

Stress Relief Face Massage

A basic relaxing facial massage geared towards your individual needs. It helps tone the skin and keep underlying muscles firm. It is a perfect relief from tension, eyestrain, sinus congestion, headaches and facial pain. 15min- \$20

Classic Face Massage

This classic face, shoulder and décolleté massage relaxes your facial, neck and eye muscles, stimulates circulation, providing the feeling of tranquility and heightened well-being. This massage is characterized by fluid movements, long strokes and kneading. 25 min-\$35

Custom Facial Wrap

Warm, aromatic and moisturizing Aloe Vera facial wrap, followed by gentle massage, light pressure-point work to relax, uplift, and tone the skin. It is a very effective treatment for sagging skin and double-chin. 20 min -\$35

Happy Feet

This gentle foot massage using aloe cream will help you relax. A specially formulated cream will relieve aches, tiredness, reduce swelling and will soften the skin. Repeated treatments help reduce calluses. 10min -\$15

Foot & Hand Paraffin Dip

This comforting treatment combines the benefits of heat and moisturizing properties of Eco-Fin. It is wonderful for soothing tired, travel-weary feet. \$20

HAIR REMOVAL

Everyone wants to get rid of unattractive hair that appears on the face or other parts of the body. Whether you want to remove your hair permanently or you are looking for a convenient non-permanent method, we will help you find a solution suited to your individual needs.

Art-Wax for Her

	Regular Price	Sonata Club Price
Brows	\$25	\$20
Lip or Chin	\$15	\$10
Lip & Chin	\$25	\$20
Full Face	\$45	\$40
Underarm	\$25	\$20
Half Arm	\$25	\$20
Full Arm	\$45	\$40
Half Leg	\$45	\$40
Full leg	\$70	\$65
Abdomen	\$25	\$20
Traditional Bikini	\$35	\$30
Extended Bikini	\$55	\$50
Brazilian Bikini 1st visit	\$85	\$80
Brazilian Bikini follow-up	\$65	\$60
Art-Kini	\$55	\$50

Art-Wax for Him

Neck	\$20	\$15
Chest or Back	\$65	\$60
Shoulders	\$20	\$15
Sideburns/Ears/Nose	\$15	\$10

Prices may vary according to your individual needs.

Permanent Hair Removal

Invented in 1875 by Dr. C. Michel, an ophthalmologist, Electrolysis is the only method of Permanent Hair Removal that is medically recommended. It has become very popular with both men and women. *Initial visit: \$90*
Follow up treatments based on time:
minimum charge- \$50(up to 10 minutes)
Each additional 5 minutes - \$5

Meet Nataliya

Internationally Trained
Skin Care and Hair Removal Specialist



28 Years of Experience in the Beauty Industry
Licensed Esthetician
Licensed Massage Therapist
Professional Electrologist
Member of AEA, IGPE

Services are available:

Monday- Friday
10:00am- 6:00pm

907-279-7190

Gift Cards Available

Make an appointment online:

www.SonataSpa.com

4050 Lake Otis Pkwy, Suite #210

Sonata Spa

European Facials

Innovative Skin Therapy

Permanent Hair Removal

Electrolysis

Waxing

Eyelash Extensions

Eyebrow Design

Couples' Treatments

Inch Loss Body Wraps

SIGNATURE EUROPEAN FACIALS

Our facials were created by artfully blending cutting edge technology with innovative products, European skin care techniques and massage therapy.

Prelude *

This express 30 min session targets specific concerns with a customized algae treatment mask. The immediate reviving effect on the skin creates a glowing complexion, perfect for a special occasion. 30 min - \$85

Piano *

A relaxing recovery facial, followed by a soothing seaweed treatment mask is an effective method to intensively moisturize and nourish the skin, promote relaxation, reduce anxiety, relieve tension and facial pain. It is especially effective before or after an Electrolysis procedure; helps shorten recovery time. 40 min - \$85

Allegro *

Exfoliate and deeply nourish skin with this award winning mask- a formula of Pumpkin Enzymes and Vegetables. Loaded with antioxidants, this fortifying peel rejuvenates and supports the skin, leaving it incredibly soft, smooth and clean. 60min - \$130

Sonatina *

This facial includes deep exfoliation and ultrasound pore purification or face massage, followed by our luxurious CASMARA Mask. This is an important first step in preparing the skin for rejuvenating treatments. 50 min - \$95

Sonata *

This facial is designed for acne-prone skin: a deep exfoliation, followed by 15min extractions, a high frequency treatment and an Algae Peel-Off Mask. These procedures help eliminate acne and black heads, tighten pores and prevent future skin breakouts. 75min - \$150

INNOVATIVE SKIN THERAPY

Our specialty treatments utilize Microcurrent, Ultrasound, and LED Light Technology. They are non-invasive, safe and provide lasting results. They have no adverse effects and can be used as recovery facials after Waxing or Electrolysis.

Andante

This photo-rejuvenation facial uses specific wavelengths of natural red and infrared light energy to restore the skin's normal activity. It promotes natural production of collagen and elastin, reduces appearance of aging spots, and sun damage. The result is younger, healthier looking skin. 30min - \$150; 15min - \$85

Forte

Microcurrent treatment is a biologically compatible electrical skin therapy, which helps "recharge the battery". It improves circulation, firmness of the skin, reduces dark circles and puffiness around the eyes. Your immediate, refreshed appearance lasts for days. This system supports successful treatments of acne, rosacea, and recovery after electrolysis or a surgical facelift. 60min - \$150; 30min - \$85; 15min - \$40

Fortissimo

Awaken your Sleeping Beauty and see the instant change in your skin's appearance: firm, smooth, and rehydrated, with a reduced appearance of fine lines, wrinkles and superficial hyper-pigmentation. This procedure utilizes LED Light Therapy and Microcurrent technology to provide an instant, non-invasive Face Lift. This is a great facial prior to any special occasion. 90 min - \$250

Bravo

If you have sagging, drooping eyebrows, this simple procedure will provide an instant, noninvasive brow lift. Non-surgical muscle reeducation helps sculpt and contour the brow area, including the forehead and cheekbones. 30 min - \$85

SPA AND BODY TREATMENTS

Adagio *

The Amethyst Bio-Mat emits negative charge ions and infrared rays. The gentle warmth has an overall massaging and cleansing effect on your body, soothing jangled nerves and knotted muscles with its natural healing properties. You will feel rejuvenated and renewed—restored in body and mind. 30min - \$80, 15 min - \$40

Sonata Spa **

Our own unique combination of the Amethyst Bio-Mat Treatment and Full- Body Swedish massage customized to create an unforgettable experience. Escape from daily stress and enjoy a therapeutic foot soak in ionized water, the healing properties of a Beauty Water facial wrap, and a comforting hand Paraffin Dip. 130 min - \$200

Rondo **

4-15 Inches Lost Each Wrap
This comforting treatment uses aloe vera herbal solution that penetrates the skin to detoxify, moisturize, tone and tighten it. The treatment creates a defined size loss from fatty areas, and works best as part of a diet and fitness program. 45 min - \$120

Cinderella Facial Makeover *

An incredibly relaxing, extra-pampering, spa facial that includes special treatment of the neck and décolleté. Cleansing, exfoliating, hydrating, toning procedures all performed with carefully choreographed massage, good for the skin and the psyche. A 50 min Swedish Body Massage, brow wax and hand moisturizing treatment are included in this package. 150 min - \$250

* **Accompaniment:** These services can be combined with Amethyst Bio-Mat treatment

** **Duet:** Share the luxury of your unique Spa experience with your friend or loved one and enjoy the Couple Treatment.

SPECIAL CARE TREATMENTS

Calma *

The special formulation by Dr. Mark Lees' SENSITIVE SCIENCE® products in addition to a soothing LED procedure, make this facial ideal for sensitive, dehydrated, or reactive skin. Clients with rosacea or other redness problems will benefit greatly from this treatment. 45 min - \$150

Presto *

This blemish relief treatment- great for teens-is a healthier way to target acne and purify problem areas. The powerful combination of Beauty Water, compress, deep exfoliation, and 15 min extractions followed by a chlorophyll reach mask helps balance gentle skin's pH level, eliminate existing acne and prevent new clogged pores, while providing hydration and protection on the way to clearer and acne-free skin. 45 min - \$95

Accent *

Eyelash Extension application is a new and exciting technique for thicker, longer and more abundant looking eyelashes. A trained technician applies individual synthetic eyelash extensions directly to the natural eyelash. The initial application of approximately 60 extensions added to each eye is relaxing and comfortable (60 -120 min). Follow up re-lash appointments take 45 to 60 min and are recommended once or twice a month. Initial visit - \$190, fill-in - \$85 (up to 3 weeks apart)

Applause **

A fantastic smile is an accessory you always want to carry with you. Over the years, teeth undergo wear and tear, like stains from dietary factors such as coffee, smoking, juice, soda, wine and more. Enjoy the fast, simple and effective way to brighten your smile with the Professional Pearl White LED System. 60min - \$150